

Health Notes

May 2022

Volume 13, Issue 1

CPA Health Psychology and Behavioural
Medicine Section Newsletter

Edited by Jennifer Gordon, PhD., RD Psych



In this Issue

- **Message from the Editor and Guest Co-Editor**..... 2
Jennifer Gordon and Wolfgang Linden
- **CPA 2022 Health and Behavioural Medicine Section Programming** 3
- **Lauréat du prix de mi-carrière: Dre Sophie Bergeron** 4
- **Introducing the Health and Behavioural Medicine Section
Early Career Group** 6
- **Research Spotlight: Building Health Psychology Connections
in Canada** 10
- **Introducing Your Health & Behavioural Medicine Section
Clinical Liaison** 11
- **Funding News**
Investigating the Psychological Profile and Intervention Needs of Patients with
Spontaneous Coronary Artery Dissection 12
- **Job ads**
Postdoctoral Fellowship at Concordia University 13
Rehabilitation Psychologist with Chartier Arnold Shimp & Associates 14
Health Psychologist at the Tri Health Clinic 16



Message from the Editor and the Guest Co-Editor



Jennifer Gordon, PhD, RD Psych

Associate Professor, University of Regina
Director, Women's Mental Health Research Unit
www.wmhresearch.ca
jennifer.gordon@uregina.ca



Dear Health Psychology and Behavioural Medicine Section Members,
Ahhh, spring is in the air! The snow has melted, the birds are chirping, and Section members everywhere are looking forward to a summer that looks a lot more like what we're used to: backyard barbecues with friends and family, summer vacations far from home, and – the best part – an in-person CPA Convention!

Speaking of the convention, this issue of *Health Notes* has the final Health & Behavioural Medicine Section Convention Program for you to consult, along with a piece by Dr. Kharah Ross highlighting some very exciting work on the state of Health Psychology in Canada that you can expect to see at the conference.

We also have a very interesting interview with our most recent Mid-Career Award Winner, Dr. Sophie Bergeron from the Université de Montréal, a piece introducing our executive's clinical liaison, Dr. Codie Rouleau, and a piece about our Section's new early career group.

Last but not least: for those of you who are on the job market, there are several job ads for you to consider. There's really something for everyone in this issue! So we hope you enjoy it and, on behalf of the Health & Behavioural Medicine Section, we can't wait to see you in Calgary this summer!

Take care and stay healthy!



Guest Co-Editor

Wolfgang Linden, PhD

Professor Emeritus
Dept. of Psychology
University of
British Columbia





Click [HERE](#) to register

Health Psychology & Behavioural Medicine Section Programming

Friday June 17th - Imperial Ballroom 1

- 09:45-11:15 ET: Workshop: **"Working Effectively with Insurers"** - Carmen Bellows
- 11:15-11:30 ET: 12-min talk: **"Barriers to staff implementing new criteria for plasma donation"** - Gisell Castillo
- 11:30-11:45 ET: 12-min talk: **"Clustering of health behaviours in Canadians"** - Zack van Allen
- 11:45-12:00 ET: 12-min talk: **"The impact of introducing publicly funded school-based immunizations"** - Gilla Shapiro
- 14:00-14:15 ET: 12-min talk: **"Collaborator network analysis of health psychology faculty in Canada"** - Karah Ross
- 14:15-15:15 ET: Featured Speaker: **"Action control as a reflex? The role of habit and identity in the translation of physical activity intention into behaviour"** - Ryan Rhodes
- 15:15-16:15 ET: Section Annual Meeting
- 16:15-17:15 ET: Section Awards Ceremony and Reception

Saturday June 18th - Imperial Ballroom 1

- 09:30-09:45 ET: 12-min talk: **"Rehabilitation contributes to improved depressive and anxious symptoms"** - Codie Rouleau
- 09:45-10:00 ET: 12-min talk: **"Advancing our understanding of coping with pediatric chronic pain"** - Natisha Nabbijohn
- 10:00-10:15 ET: 12-min talk: **"Correlates of intention to donate plasma among gay, bisexual"** - Elisabeth Vesnaver
- 10:15-10:30 ET: 12-min talk: **"The development of the motivational communication competency"** - Vincent Gosselin Boucher
- 10:30- 11:30 ET: Section Poster Session C (Imperial Ballroom 4, 6)

Lauréat du prix de mi-carrière

Mid Career Investigator Award Winner



Par *Andréanne Angehrn (Montréal)*

Sophie Bergeron, Ph.D. est la directrice du Laboratoire d'étude de la santé sexuelle et est professeure titulaire au Département de psychologie de l'Université de Montréal. Elle est également titulaire de la Chaire de recherche du Canada de niveau 1 sur les relations intimes et le bien-être sexuel et dirige le Centre de recherche interdisciplinaire sur les problèmes conjugaux et les agressions sexuelles (CRIPCAS). Elle est détentrice du prix de mi-carrière de la Société canadienne de psychologie.



Dre Sophie Bergeron
Professeure titulaire
Université de Montréal

Dans sa recherche, Dre Bergeron accorde une attention particulière aux facteurs psychosociaux et interpersonnels et leurs liens avec le bien-être et la santé sexuelle des individus et des couples. Pour ce faire, elle s'intéresse au diagnostic, à l'étiologie et au traitement de la douleur génito-pelvienne/trouble de la pénétration chez la femme avec un regard interdisciplinaire. Ceci a permis le développement de nouvelles thérapies avec une approche cognitivo-comportementales de groupe et de couple pour les femmes et leurs partenaires. Dre Bergeron effectue de la recherche également dans l'exploration des rôles de l'intimité et des traumatismes interpersonnels vécus à l'enfance comme facteurs de protection et de risque pour la sexualité dans le couple. Récemment, elle s'intéresse à la santé sexuelle des adolescents et son développement. Les études menées par Dre Bergeron sont financées par les Instituts de recherche en santé du Canada (IRSC), le Conseil de recherches en sciences humaines du Canada (CRSH) et par une subvention d'équipe du Fonds de Recherche du Québec – Société et Culture pour l'Équipe SCoup - Sexualité et Couple, qu'elle dirige.

Qu'est-ce qui vous a amené à poursuivre une carrière en psychologie et dans votre domaine ?

J'ai toujours été intéressée par la psychologie de la santé, en particulier l'influence des facteurs psychosociaux sur les symptômes physiques et la maladie. Quand je cherchais un directeur de thèse pour mon doctorat en psychologie, j'ai appliqué à l'Université McGill pour travailler avec Irving Binik. Il m'a proposé de travailler sur la douleur génito-pelvienne et vu que je voulais vraiment faire mon doctorat avec lui, j'ai accepté! J'ai adoré ce domaine et ça m'a permis de m'initier plus globalement au domaine de la santé sexuelle, dans lequel j'œuvre toujours aujourd'hui.

Quels sont les aspects de votre carrière qui sont le plus stimulants pour vous ?

Je suis une personne très curieuse qui aime apprendre, donc je dirais que tout ce qui nourrit cette curiosité est ce que je trouve le plus stimulant, notamment les idées et études développées avec mes étudiants, les échanges avec des collègues au sujet de nouvelles collaborations et projets de recherche, ainsi que la découverte et la publication de résultats de recherche. Enfin, j'aime beaucoup le mentorat d'étudiants et de jeunes collègues.



Quels sont les aspects de votre carrière et de vos accomplissements qui vous donnent le plus de fierté ?

Assurément la formation de mes étudiants et tous leurs accomplissements!

Est-ce que certaines parties de votre parcours vous surprennent ?

Je pense que je suis parfois surprise du fait que malgré le côté compétitif de la recherche, je réussisse à faire ce que j'aime : réaliser des projets qui me tiennent à cœur et côtoyer des gens que j'apprécie et que j'admire.

Quels conseils donneriez-vous à un jeune chercheur ou une jeune chercheuse qui poursuit une carrière similaire ?

1. Se trouver un bon mentor et développer une relation solide avec cette personne
2. S'entourer de gens qui travaillent fort et bien et qui nous tirent vers le haut, qui sont meilleurs que nous dans certains aspects de notre carrière
3. Persévérer malgré les déceptions et frustrations

Ce que je trouve le plus stimulant... les idées et études développées avec mes étudiants, les échanges avec des collègues au sujet de nouvelles collaborations et projets de recherche, la découverte et la publication de résultats de recherche... et j'aime beaucoup le mentorat d'étudiants et de jeunes collègues.

What I get excited by is.... ideas and study development with my students, exchanges with colleagues about novel collaborations for research projects, the discovery and finally publication of research... I especially love the process of mentoring students and younger colleagues!



Introducing the Health and Behavioural Medicine Section Early Career Group

By Ashley Balsom (Regina) and Vincent Gosselin Boucher (Vancouver)

The health psychology and behavioural medicine early-career group was established as a way for individuals who are in transitional positions in their careers to support each other. Through this group, we are hoping to facilitate networking amongst our members to connect health researchers from coast to coast throughout Canada. Part of what inspired this group was a desire to encourage discourse and engagement amongst our early career members. We are striving to further understand what early career members would find most helpful, and we would appreciate any suggestions on how to best do this. In the future, we are hoping to hold workshops targeting what members are most interesting in learning or areas for growth (e.g., workshop on becoming a reviewer, career options in health psychology and behavioural medicine, clinical health psychology). We aspire to see this community flourish and serve as an important source of support and information for our members.



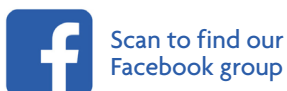
Ashley A. Balsom, MA (she/her)
SSHRC Doctoral Fellow
University of Regina

What is considered early career?

A lot of consideration was given into the name of this group. We wanted to ensure that we are being inclusive to members across graduate school and transitional periods in their careers and felt that the term “early career” was the best descriptor for the purpose of this group. We want to invite members from across various experiences in their early career (e.g., graduate students, post-doctoral fellows, new hires) and also those who may no longer be a part of the academy but are currently involved in the field (e.g., health psychologists in clinical practice).

How does one join the early career member group?

Based on the feedback we have received so far from our members, we have created a Facebook group for our early career members. In this group, we are hoping to create a space for early career members to share their current projects with other health psychology and behavioural medicine members across Canada. Through this group, we will also gauge interest and gather suggestions for events for the early career members. Members can also feel free to ask questions or get advice in this group as well. It is the hope that this group will become a source for members to get feedback and network with others in the field. To join the early career group, you can scan the QR code to the left. You can also reach out to the Health Psychology and Behavioural Medicine Student Representatives:



Ashley Balsom - ashleyannebalsom@gmail.com

Vincent Gosselin-Boucher - vincent.gosselinboucher@ubc.ca

...cont'd

Health and Behavioural Medicine Section Early Career Group

What other initiatives are going on with the early-career group?

Right now, we are focusing on outreach and to try to make as many connections as possible with health psychology and behavioural medicine early-career individuals in Canada. Currently, we are featuring the work of early-career scholars on our social media accounts and sharing their current research projects. If you are interested in being featured in our current campaign, please use the QR code to the left and fill out the Google form.



Scan to go to
the Google form



Vincent Gosselin-Boucher
Post-doctoral fellow
The University of British Columbia

Le groupe des chercheur.euses en début de carrière dans le domaine de la psychologie de la santé et médecine du comportement

Le groupe des chercheur.euses en début de carrière dans le domaine de la psychologie de la santé et médecine du comportement a été créé pour permettre aux personnes qui se trouvent dans une situation de transition dans leur carrière de se soutenir mutuellement. Avec ce groupe, nous espérons faciliter le réseautage entre nos membres afin de relier les chercheurs en santé d'un océan à l'autre au Canada. Ce groupe a été créé en partie pour encourager la discussion et l'engagement de nos membres en début de carrière. Nous nous efforçons de mieux comprendre ce que les membres en début de carrière trouveraient le plus utile, et nous apprécierions toute suggestion sur la meilleure façon d'y parvenir. À l'avenir, nous espérons organiser des ateliers ciblant ce que les membres sont le plus intéressés à apprendre ou les domaines de croissance (p.ex., un atelier sur la façon de devenir un reviseur.euse, les options de carrière en psychologie de la santé et en médecine comportementale, la psychologie clinique de la santé). Nous aspirons à voir cette communauté s'épanouir et servir de source importante de soutien et d'information pour nos membres.

Qu'est-ce qui est considéré comme un début de carrière ?

Le nom de ce groupe a fait l'objet d'une grande attention. Nous voulions nous assurer que nous étions inclusifs pour les membres à travers les études supérieures et les périodes de transition dans leurs carrières. De toute évidence, nous pensons que le terme "début de carrière" est le meilleur descripteur pour l'objectif de ce groupe. Nous voulons inviter des membres avec des expériences diverses en début de carrière (p. ex. étudiant.es diplômé.es, boursier.ères postdoctoraux, nouveaux

Health and Behavioural Medicine Section Early Career Group

employé.es) et aussi ceux qui ne font peut-être plus partie du milieu académique, mais qui sont actuellement impliqués dans le domaine (p. ex. psychologues de la santé).

Comment rejoindre le groupe des membres en début de carrière ?

Sur la base des commentaires que nous avons reçus jusqu'à présent, nous avons créé un groupe Facebook pour nos membres en début de carrière. Dans ce groupe, nous espérons créer un espace pour que les membres en début de carrière puissent partager leurs projets avec d'autres membres de la section psychologie de la santé et médecine du comportement à travers le Canada. Par le biais de ce groupe, nous évaluerons également l'intérêt et les suggestions d'événements pour les membres en début de carrière. Les membres peuvent également poser des questions ou obtenir des conseils dans ce groupe. Nous espérons que ce groupe deviendra une source de rétroaction pour les membres et qu'il leur permettra d'établir un réseau avec d'autres personnes dans le domaine. Pour rejoindre le groupe de début de carrière, vous pouvez utiliser le code QR à la page 6. Vous pouvez également vous adresser aux représentants des étudiants de la section psychologie de la santé et médecine du comportement : Ashley Balsom (ashleyannebalsom@gmail.com) et Vincent Gosselin Boucher (vincent.gosselinboucher@ubc.ca)

Quelles autres initiatives sont en place au sein du groupe début de carrière ?

En ce moment, nous voulons sensibiliser et essayons d'établir des liens avec les personnes en début de carrière en psychologie de la santé et en médecine comportementale au Canada. Actuellement, nous présentons le travail des chercheurs en début de carrière sur nos comptes de médias sociaux et partageons leurs projets de recherche actuels. Si vous êtes intéressé à faire partie de notre campagne actuelle, veuillez utiliser le code QR à la page 7 et remplir le formulaire Google.

What inspired this group was a desire to encourage discourse and engagement amongst our early career members.

Ce groupe a été créé en partie pour encourager la discussion et l'engagement de nos membres en début de carrière.



Research Spotlight: Building Health Psychology Connections

By Kharah Ross, PhD (Athabasca)

I spend a lot of time thinking about community, and not just because I'm a health psychologist who studies social relationships and health. As a trainee, I jumped between four different cities across two countries. Each time I landed in a place where I had little by the way of existing community connections. And when you're constantly the outsider trying to find, integrate into or build a community, you become very aware of the importance of community. When I moved back to Canada after a six year absence, I knew I needed the connections and resources a community offers to re-establish myself in Canada. For early career researchers especially, being able to find a tenure-track job, meet collaborators and develop a research program can hinge on having access to a supportive professional community.



Dr. Kharah Ross
Assistant Professor, Health Psychology
Athabasca University

That was how I discovered how hard it is to find the Canadian health psychology community. Canadian psychology has long struggled to differentiate itself from the dominant U.S. psychology, and most professional societies I'm involved with do not have chapters for non-Americans. Moreover, the strengths of health psychology – our diversity, adaptability and wide applicability – are also the very things that make it difficult to track us down. Health psychologists can come from almost any psychology discipline, do not always self-identify as health psychologists, do everything from clinical-focused to academic-focused work, and are housed in almost any department with a health and/or psychology twist. Do a Google search of 'health psychology' and 'Canada' and most of Canada's health psychology does not come up.

It is difficult to connect with – never mind develop, grow or advocate for – a community if it cannot be found or defined. To address this, the CPA Health Psychology and Behavioural Medicine section rolled up our collective sleeves and begin to systematically seek out and define the health psychology community in Canada. As a first step, we conducted an environmental scan of all university-affiliated health psychologists in Canada by doing a hand-search of all faculty profiles in all departments, colleges or faculties that could conceivably house a health psychologist. All ~100 universities across Canada were included. Our goals were to get a sense of who health psychologists in Canada are, where they are housed, what contributions they make to research, and whether there is evidence of an integrated Canadian collaborator network or community.

Funded by Athabasca University, the environmental scan produced a list of 280 university-affiliated faculty who did research that encompassed the psychological and health sciences. The project generated three conference presentations and an under-review manuscript. In terms of key findings, first, health psychologists can be found almost across Canada (the exception being the territories, which have one university with no health psychology faculty). The University of

Building Health Psychology Connections

Manitoba's Clinical Health Psychology Department was the largest in Canada, and also unique in that it has a primarily clinical focus. Health psychologists are mostly housed in psychology departments but are also found in some surprising areas, including social work, oncology, education and kinesiology. There are nine psychology departments in Canada with a specific health psychology concentration or focus. Montreal emerged as the largest geographic hub, but the Greater Toronto Area, Ottawa and Calgary were not far behind.

Second, health psychologists in Canada are ridiculously productive. The 280 individuals identified generated ~4,000 research products between Jan 2018 and Mar 2021 alone, amounting to 5 journal articles per faculty member per year. Health psychology research runs the gamut - if you can think of it, someone is probably researching it - with particular strengths in cancer, sleep and pain research. To learn more, visit Ryan Hoggan's poster at the 2022 CPA Convention in Calgary (Saturday June 18th at 10:30 a.m.).

Third, a collaborator network analysis revealed that most health psychology faculty are connected through a common collaborator network that is organized into several sub-networks. Although geography and research topic were important, the most productive sub-networks were built primarily around maintained trainee relationships. To learn more, attend my (Dr. Kharah Ross') oral presentation at the 2022 CPA Convention, scheduled for Friday June 17th at 2:00 p.m.

The environmental scan was just a first step for the CPA Health Psychology and Behavioural Medicine section. Our long-term aims are to explore ways to build and support Canadian health psychology research and community, to showcase Canadian work, and to advocate for health psychology research and practice in Canada. We are working on several follow-up initiatives. For example, we plan do a survey of the identified health psychologists, to better understand barriers and opportunities for community development. We will also be doing similar work for health psychology trainees and clinicians. The environmental scan list of health psychology faculty will continue to be updated and will be made available to our section's members.

If you're interested in learning more, getting involved, or (like me) are just looking for your health psychology community, we encourage you to attend the CPA Health Psychology and Behaviour Medicine business meeting and reception at the 2022 CPA Convention to be held in June in Calgary, scheduled for Friday June 17th at 15:15 and 16:15, respectively. We're also always looking for new ways to develop our health psychology community. If you want to get involved or have an idea or suggestion, please contact the CPA Health Psychology and Behavioural Medicine section

Chair: Justin Presseau, jpresseau@ohri.ca

Membership Officer: Kharah Ross, kharahr@athabascau.ca



Introducing Your Health & Behavioural Medicine Section Clinical Liaison

I would like to take this opportunity to introduce myself as Clinical Liaison in the Section on Health Psychology and Behavioural Medicine of the CPA. I work as a clinical health psychologist at TotalCardiology Rehabilitation in Calgary and Adjunct Assistant Professor in the Department of Psychology at the University of Calgary. My clinical and research activities focus on cardiac rehabilitation, health behaviour change, and addressing the complex bio-behavioural mechanisms involved in the development and progression of cardiovascular disease.



Codie Rouleau, PhD, RPsych
Clinical health psychologist
TotalCardiology Rehabilitation (Calgary)
Adjunct Professor
University of Calgary

My role as Clinical Liaison within the CPA Health Psychology and Behavioural Medicine Section is to ensure clinically focused content and opportunities are well-represented, while supporting our Section mandate of connecting health psychology clinicians and researchers across Canada.

A significant subset of our Section membership primarily identifies as a clinician. Clinician members play a critical role translating bench-to bedside in the management of disease and promotion of physical health among Canadians. Due to the interdisciplinary nature of their work and broad geographic spread, however, Canadian health psychology clinicians face distinct challenges. It is often difficult to connect with each other and with opportunities relevant to this unique field of practice.

As your Clinical Liaison, I would like to encourage our clinician members to continue sending submissions to Health Notes. Readers are invited to submit news and events of potential relevance to the clinical practice of health psychology in Canada, such as:

- Clinical training opportunities (e.g., workshops, courses)
- Publications related to the clinical practice of health psychology (e.g., assessment and treatment manuals, clinical practice guidelines)
- Resources for clinically focused health psychology trainees (e.g., graduate programs, residency opportunities)
- Recent accomplishments from clinically oriented Section members (e.g., media coverage, launch of new clinical services)
- Networking opportunities (e.g., events and listservs through CPA and partner institutions)
- Job postings

If you have any questions or suggestions about how the Health Psychology and Behavioural Medicine Section can align with the needs and interests of clinicians, you may reach me at: crroulea@ucalgary.ca

To submit content to Health Notes, please email Jennifer Gordon at jennifer.gordon@uregina.ca



Investigating the Psychological Profile and Intervention Needs of Patients with Spontaneous Coronary Artery Dissection

Edited by Wolfgang Linden, PhD (Vancouver)

Principal Investigator: Dr. Heather Tulloch, C. Psych

Co-Investigators: Drs. Karen Bouchard, Thais Coutinho, Shuangbo Liu, Sharon Mulvagh, Christine Pacheco, Jennifer Reed, Jacqueline Saw, Derek So, Louise Sun, and George Wells



Dr. Heather Tulloch
Director - Cardiovascular Health Psychology
and Behavioural Medicine Laboratory
University of Ottawa Heart Institute

Spontaneous coronary artery dissection (SCAD) is a spontaneous separation of the coronary artery wall by intramural hemorrhage, which reduces or blocks blood flow to the heart muscle. SCAD is increasingly recognized as a cause of heart attack, particularly among women. Although the cause is unknown, it's thought that precipitating psychological stressors are common. High rates of recurrent cardiac events have been observed, and depression, anxiety, and traumatic stress are pervasive post-SCAD. Says Tulloch: "Many patients with SCAD are younger, have unremarkable medical histories, and feel that secondary prevention programs are not tailored to their unique needs. Patients grapple with a lot of uncertainty in the aftermath of SCAD, which can precipitate distress. SCAD experts have called for tailored psychological support for these patients in cardiac rehabilitation.

With this in mind, Dr. Tulloch and her team have focused their efforts on developing a new psychological intervention targeting SCAD patients. As a first step, they conducted two qualitative studies investigating the mental health and intervention needs of patients with SCAD. The next step, and aim of their proposed research, successfully funded by the CIHR in the Fall 2021 project grant competition, is to examine the psychological profile and intervention needs of a large sample of patients with SCAD at five hospital sites across Canada. Specifically, they will examine levels of distress, concerns, and intervention-component suggestions in this population as well as compare levels of psychological distress of patients with SCAD to age- and sex-matched patients with acute coronary syndrome but without SCAD. Finally, they will investigate the relationship between psychological distress and major adverse cardiovascular events such as stroke, heart attack, and death.

Long-term, this research will be used to develop patient-informed and accepted interventions for the treatment of psychological distress post-SCAD to reduce distress and improve quality of life and cardiac outcomes. A large definitive, multisite RCT assessing the efficacy of the intervention on psychological and clinical outcomes will be the next step. Says Dr. Tulloch: "If we can create an effective intervention for these patients, the next step will be to integrate it into cardiac rehabilitation programs across Canada. Ultimately, our goal is to better support patients managing SCAD by nurturing the mind and caring for the heart."

Job Posting

Postdoctoral Fellowship at Concordia University



Alberts' Lab - Department of Psychology Faculty of Arts & Science Concordia University

The Alberts' Lab (Department of Psychology, Faculty of Arts & Science) is seeking applications for a postdoctoral research fellow (2-year appointment) who aspires to become an independent researcher in the areas of psycho-oncology, digital health interventions, or pain.

The fellow will work with Dr. Nicole Alberts on multiple completed and ongoing research studies focused on characterizing chronic pain during childhood cancer treatment and survivorship as well as the use of digital health approaches to develop and test innovative interventions (e.g., wearables, app-based interventions, Internet-delivered cognitive behavioural therapy) targeting pain and psychological outcomes across pediatric and adult medical populations.

The fellow will be involved in manuscript preparation (primary and secondary roles) and will also receive training in mixed methods approaches, patient and stakeholder engagement, grant writing and preparation, conducting clinical trials, and digital health research methods.

Time and opportunities will be provided for the fellow to lead their own studies as well as to continue to build and advance their own research program. The postdoctoral fellow will also have opportunities to collaborate with national and international teams within the areas of childhood cancer and digital health. Annual funds are available for travel and training.

Ideal start date: Summer/Fall 2022

For more information about this opportunity see:

<https://www.concordia.ca/sgs/postdoctoral-fellows/funding/horizon/open-positions/10000.html>

Applicants can also contact Dr. Alberts for more information:

nicole.alberts@concordia.ca



Job Posting

Rehabilitation Psychologist at Chartier Arnold Shimp & Associates



Chartier Arnold Shimp & Associates Rehabilitation Psychologist Part-time or full-time

We are looking for a PhD level psychologist to be part of our team of psychologists who provide assessment, therapy, and consultation services to Venture Rehabilitation Sciences Group, which is a multidisciplinary physical therapy rehabilitation centre servicing clients with physical injuries, as well those with psychological injuries such as trauma / PTSD. Affiliated with a large private practice and can combine rehab work with general psychology practice work as well (adult or child). Very attractive compensation. Supervision and mentorship provided. Relocation assistance available.

Who Are We?

Chartier Arnold Shimp & Associates is a group psychology practice of 9 doctoral level psychologists and 3 master's level psychologists that offers comprehensive assessment, treatment and consultation services for adults, children, adolescents, and couples. Our practice was opened in 1989 and is one of the largest psychological practices in Saskatchewan.

We foster a culture of excellence with a focus on ethical and evidence-based practice that meets the needs of the very diverse community we serve. Our mission is to help people make substantial and lasting changes in their lives. We are located on College Drive in Saskatoon, close to the University of Saskatchewan and the South Saskatchewan River, with easy access to the whole city. From Saskatoon there is quick access to northern lakes, sand dunes, and the boreal forest at Prince Albert National Park.

If you are looking to join a dynamic team of registered psychologists who are making a difference in the community, we want to hear from you! Our team of psychologists is supported by an administrative team that will allow you to focus on what is important – providing psychological services to your patients. We are a collaborative and supportive team which provides the opportunity for growth and development through monthly clinical rounds and accessible consultation / supervision opportunities.

COVID-19 Statement

- In an effort to keep our staff and community safe, we continue to follow enhanced cleaning protocols and masking in common areas, with optional masking in therapists' offices.
- Applicants interested in providing in-person rehabilitation services and / or in-person, virtual or a combination of both in our affiliated private practice are encouraged to apply.

.../cont'd

Job Posting

Rehabilitation Psychologist at Chartier Arnold Shimp & Associates



Qualifications

- A Doctoral level degree in Psychology and are currently registered, or eligible for registration, with the College of Psychologists of Saskatchewan
- The demonstrated skills to provide evidence-based clinical management, assessment and therapy services
- Excellent oral and written communication skills, interpersonal skills and the ability to work effectively in a team environment

Why Us?

- Flexible working hours: Our clinic is open during regular office hours and is fully supported by our administrative team during those hours. Psychologists may work early/late/weekends in our affiliated private practice if they choose.
- Diverse Client Base: Our group prides ourselves on our relationships with insurance companies, family practices and other referral sources, offering our clinicians a variety of assessment and treatment opportunities.
- Marketing Efforts: As a part of the group, you will benefit from our large referral base and access to our waitlist if you choose to do general private practice work.
- Team: We offer a team environment that is focused on growth and development. Our group is dynamic, collaborative and supportive. We enjoy staff lunches, team functions and celebrating each other's milestones and successes.
- Consultation & Supervision Opportunities: We have several psychologists available to provide consultation and supervision with adults, children, adolescents, seniors and couples in the areas of clinical, counselling and health / rehab psychology.
- We provide administrative services that include full clinic management software for all appointments, billings etc.

Application:

If you are interested in hearing more about our practice and the position available please contact our Practice Manager, Dr. Lana Shimp - shimp.l@saskpsych.ca

Interested applicants can also forward their cover letter and CV to:

Chartier Arnold Shimp & Associates

Attn: Dr. Lana Shimp

Fax: (306) 664-6555

Job Posting

Health Psychologist at The Tri Health Clinic



LOOKING FOR A PASSIONATE HEALTH PSYCHOLOGIST



Dr. Jenn Bossio, C. Psych, R. Psych

The Tri Health Clinic is dedicated to using science to help people live their best lives. We believe that health about minds, bodies, and relationships, and we strive to work with each client to align all three pillars using what the science shows us works. We primarily work in sexual health, but we welcome generalists to apply.

Practice is primarily online at this time, so location is flexible if you are registered to work in Ontario. However, priority will be given to applicants who are living in/willing to relocate to the Kingston area to join us at our beautiful, large new office. **You will be an independent contractor**, meaning that you are a part of our team, but you are your own boss! You get all the bonus of joining an established practice (e.g., consistent referrals tailored to your practice, regular group consultations, the comfort of working with a great team, one-on-one supervision, if needed) plus the absolute freedom of being your own boss.

QUALIFICATIONS

- You know evidence-based models of practice inside and out (e.g., ACT, CBT, mindfulness).
- You have a curious mind. You are always looking for ways to learn more, improve your clinical skills, or find new, innovative ways to deliver therapy. You've taken part in clinical training workshops and found them inspiring! You love questionnaires and symptom tracking. Data gets you excited, especially when it's data showing your client's improvements. And learning new technology doesn't scare you – in fact, bring on the challenge!
- You are very comfortable with performing literature searches in order to stay on top of the newest science. You may already have email alerts set for new research findings.
- You've got assertiveness skills and can hold the duality between being a clinician and a business team member. You can set healthy boundaries with clients, collect payments, charge for no shows in accordance with clinic policies, and/or a willingness to learn how to better do this in an effective and therapeutic way.
- You are self-directed, detail oriented, passionate about what you do, and have a strong drive to better the mental health care field.
- You prioritize self-care in your own life, keeping a healthy balance of clinical work and personal wellbeing!
- An asset would be clinicians with experience or interest in sexual health or chronic pain.
- You may have experience with best practices in Couple's Therapy, including training in EFT for couples and/or Gottman approach.

For more info: Trihealthclinic.com or hello@trihealthclinic.com

To apply:

Please submit a cover letter and curriculum vitae to hello@trihealthclinic.com. Please title your email "Job Application"